



2026 Optimist Victorian and Open Championship

Sailing Instructions

1. RULES

- 1.1. The Open and Intermediate fleets will be governed by;
 - 1.1.1 The rules as defined in the Racing Rules of Sailing (RRS), the Australian Sailing Special Regulations Part 2 Off the Beach Boats.
- 1.2. Green Fleet racing will be governed by;
 - 1.2.1 World Sailing Introductory Rules for Racing and the Australian Sailing Special Regulations Part 2 for Off the Beach Boats.
- 1.3. Appendix T Arbitration will apply.
- 1.4. The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

Notices to competitors will be posted on the Official Notice Board located online at <https://sailingresults.net/sa/notice/?ID=82126>

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2. [DP] Competitors and support persons shall place advertising provided by the Organising Authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the flagpole in the south west corner of the rigging yard.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

6. SCHEDULE OF RACES

The schedule of races will be as per the Notice of Race.

7. CLASS FLAGS

- 7.1. The Open Fleet class flag will be the class insignia on a white background.
- 7.2. The Intermediate Fleet class flag will be the class insignia on a blue background.
- 7.3. The Green Fleet class flag will be the class insignia on a green background.

8. RACING AREA

SI Addendum 1 shows the approximate location of the racing area(s).

9. COURSES

SI Addendum 2 shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

10. MARKS

Marks are inflatable buoys and flag marks and are described in SI Addendum 2.

11. THE START

11.1. The starting line will be between a staff displaying an orange flag on the race committee vessel and the course side of the starting mark.

11.2. For the Open and Intermediate Fleets, races will be started using RRS 26.

11.3. For Green Fleet, RRS 26 is changed as follows:

Signal Flag	Flag	Sound	Minutes before Starting Signal
Warning Signal	Class Flag displayed	1 Sound	3
Preparatory	P, U or Black displayed	1 Sound	2
One-Minute	Preparatory Flag removed	1 long Sound	1
Start	Class Flag removed	1 Sound	0

12. THE FINISH

The finishing line will be between a staff displaying a blue flag on the Race Committee vessel and the course side of the finishing mark.

13. TIME LIMITS AND TARGET TIMES

13.1. Time limits and target times (in minutes) are as below:

Fleet	Time Limit	Mark 1 Target Time	Target Time	Finish Window
Open	80	18	50	15
Inter	80	18	40	15

13.2. If the above target times are not reached the race may be abandoned. Failure to meet Target Times will not be grounds for redress. This changes RRS 61.1(a).

13.3. Open Division boats failing to finish within 15 minutes after the first boat in their division sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35 and A5.

13.4. Intermediate Fleet boats deemed to be still racing by the Race Committee, but failing to finish within 15 minutes after the first boat sails the course and finishes may be scored an allocated place. See NOR 11.5. This changes RRS 35, A4 and A5.

13.5. There are no time limits for the Green Fleet course. Finish places may be allocated by the race committee. This changes RRS 35, A4 and A5.

14. HEARING REQUESTS

14.1. Appendix T will apply.

14.2. RRS 60.3 is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, including (if possible) the boat identification number of the boat(s) being protested. The boat shall not consult with instructors, coaches, or support persons, prior to such notification.”

14.3. For each fleet, the protest time limit is 60 minutes after the last boat in that fleet finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.

14.4. No formal Protest hearings or requests for redress will be allowed for Green Fleet competitors. Any issues or questions that arise will be dealt with in a group setting, as a learning experience for young sailors, by the Rules Advisors. This changes RRS 60.1 and RRS 61.1.

15. SCORING

The scoring will be as per the Notice of Race.

16. SAFETY REGULATIONS

16.1. All boats must sign on before leaving the shore and sign off as soon as practicable after returning to the shore and the completion of the sessions' racing.

16.2. The sign on period will close at the scheduled warning signal time of the first race for that session on that day.

16.3. The sign off period will close 60 minutes after the last boat has finished the last race of the session.

16.4. Electronic sign on/sign off shall be completed via the SailingResults System and the sign-on link will be sent to the phones of the competitors prior to the closing of registration on the first regatta day. Competitors unable to sign on/off on their phone can do so at the Sailing Office.

16.5. Failure to sign on will result in that boat being scored a penalty of 5 points on top their finishing place, but no worse than the score DSQ in the first race of the day without a hearing. The same penalty is to be applied for failing to sign off in the last race of the day, without a hearing. This changes RRS 63.1, A4 and A5.

16.6. A boat that retires from a race shall notify the race committee as soon as reasonably possible and sign off as soon as she returns to shore.

16.7 [DP] All boats must display a name tag on their trolley.

17. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

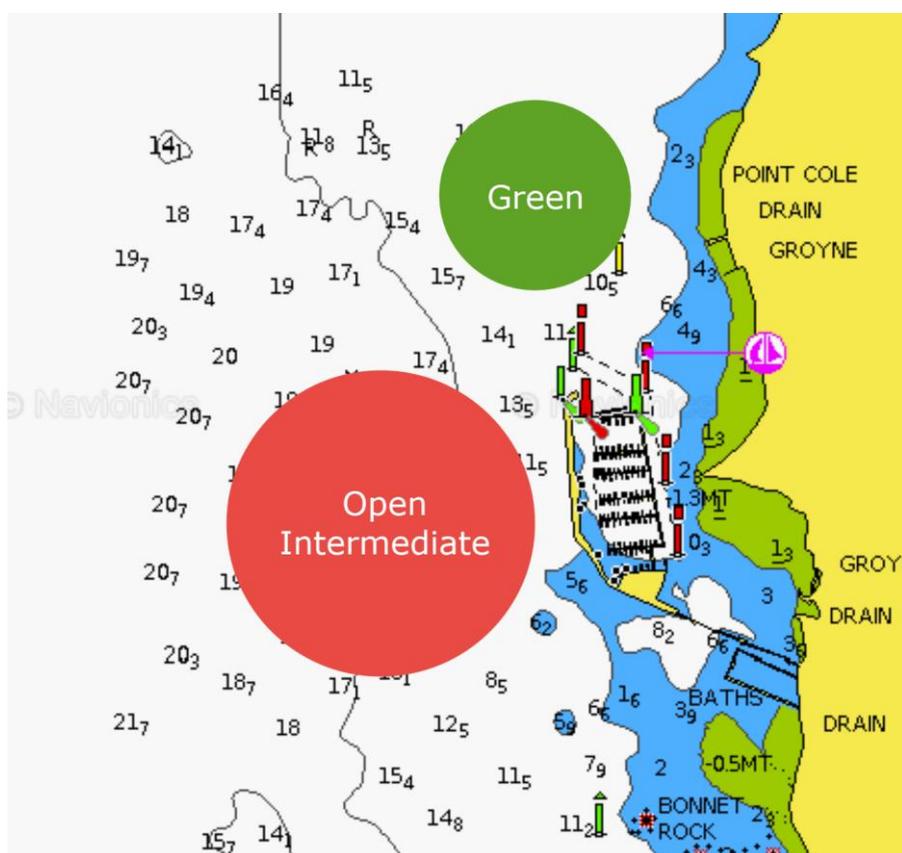
18. REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19. RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

SI Addendum 1 – Racing Areas



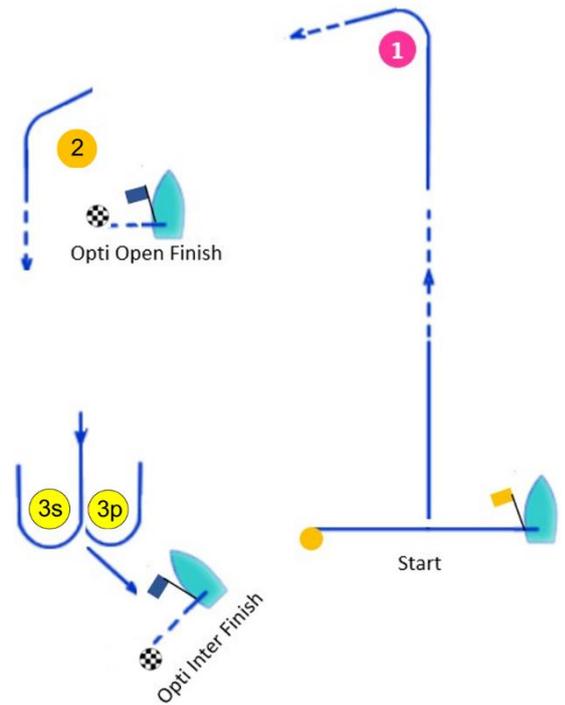
SI Addendum 2 – Mark Descriptions and Courses

Opti Open/Inter Course

Class	Mark Rounding Order
Opti Open	Start – 1 – 2 – 3s/3p – Open Finish
Opti Inter	Start – 1 – 2 – 3p – Inter Finish

Description of Marks

Start Pin	Orange
Finish Pins	Black & white checkered
1	Pink
2	Orange
3p 3s	Yellow



Green Fleet Course

Class	Mark Rounding Order
Opti Green	Start – 1 – 2 – 3 – Finish

Description of Marks

Start/Finish Pin	Orange
1, 2, 3	Red Flag Marks

